



**This course counts as 7 continuing education hours.**

**Course Activities:**

Lessons 1-5 with Practice Quizzes, which includes three course readings and course text on applications specific to counselors

Course Reading 1: Office of Civil Rights Restraint and Seclusion Database

Course Reading 2: U.S. Department of Education's Restraint and Seclusion Resource Document (May 2012)

Course Reading 3: Summary of Seclusion and Restraint Statutes, Regulations, Policies and Guidance, by State and Territory

**Educational Objectives:**

Participants will correctly identify and apply the Department of Education's definitions of restraint and seclusion

Participants will demonstrate application of the May 2012 publication, Restraint and Seclusion Resource Document

Participants will demonstrate knowledge of how counselors can contribute to Department of Education best practices

**Target Audience:** Certified counselors who work in schools or at a facility that uses restraints or seclusion

**Format:** Online self-study

**Instructor:** Valerie Evans, Ph.D.

**General Statement**

*accessCEU is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirement. The ACEP solely is responsible for all aspects of the program.*

*This accessCEU course is based on primary documentation from the United States Department of Education (ED) and was neither developed nor endorsed by ED.*

---

**Course Content**

Lessons Status

1

**[LESSON 1: U.S. Department of Education Restraint and Seclusion Initiatives](#)**

2

**[LESSON 2: Fifteen Principles, Part 1](#)**

3

**[LESSON 3: Fifteen Principles, Part 2](#)**

4

**[LESSON 4: Fifteen Principles, Part 3](#)**

5

**[LESSON 5: Recent Legislative Activity](#)**

6

**[USE OF RESTRAINT AND SECLUSION COURSE REVIEW](#)**

7

**[Final Quiz: Use of Restraints and Seclusion](#)**